



ATLANTA DIVING ASSOCIATION
 2935 Grange Hill Way
 Cumming, GA 30041
 (770) 844-7710
 www.atlantadiving.com

PRACTICES FOR THE 2024-2025 SEASON

GA TECH

NIGHTS

TIMES

Lesson Group:	
Mon/Wed. (Beg/Int/Adv)	4:30 – 5:30pm
Mon/Wed. (Intermediate/Advanced)	5:30 – 6:30pm
Mon/Wed. (Intermediate/Advanced)	6:30 – 7:30pm
Tues/Thurs (Beg/Int/Adv)	4:30 – 5:30pm
Tues/Thurs (Intermediate/High School)	5:30 – 6:30pm
Tues/Thurs (Intermediate/High School)	6:30 – 7:30pm
Saturday Only (Lesson)	10:00-11:00am
Saturday Only (High School)	11:00-12:00pm

2024-2025 LESSON SESSION DATES:

Session #1:	September 2 --September 29
Session #2:	September 30 -- October 27
Session #3:	October 28 -- November 24
Session #4:	November 25--December 22
<i>Holiday Break: December 23 – January 3</i>	
Session #5:	January 4 -- January 31
Session #6:	February 1 -- February 28
Session #7:	March 1 -- March 28
Session #8:	March 29 --- April 25
Session #9:	April 26 --- May 17

Summer session will start May 27, 2025

MARIST

NIGHTS

TIMES

Monday (Lesson)	6:00 – 7:00pm *
Wednesday (Lesson)	6:00 – 7:00pm *
Monday (High School)	7:00 – 8:00pm
Monday (High School)	8:00 – 9:00pm
Wednesday (High School)	7:00 – 8:00pm
Wednesday (High School)	8:00 – 9:00pm

CUMMING

NIGHTS

TIMES

Wednesday (Lesson)	7:00 – 8:00pm
Sunday (Lesson)	1:30 – 2:30pm
Wednesday (High School)	8:00 – 9:00pm
Sunday (High School)	12:30 – 1:30pm

*Lesson practices will not start at Marist until Feb/March of 2025 due to pool availability.

ALL JO, SILVER, AND GOLD PRACTICES WILL BE AT GA TECH

JO Group:	Monday	5:00 – 7:00pm
	Tuesday	5:00 – 7:00pm
	Wednesday	5:00 – 7:00pm
	Thursday	5:00 – 7:00pm
Silver Group :	Monday/Wednesday/Thursday	5:00 – 7:00pm
Elite (Gold) Group:	Monday	5:00 – 7:45pm
	Tuesday	5:00 – 7:45pm
	Wednesday	5:00 – 7:45pm
	Thursday	5:00 – 7:45pm
	Saturday	10:30 – 1:00pm